

Dr. Richard Amaral
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Toronto, ON. M4V 2S2

RE: Reference Letter for Mr. Fred Sarkari

To Whom It May Concern:

It is with great enthusiasm that I write this letter of support for Mr. Fred Sarkari. I have known Fred for approximately eight years. Over the course of this last year, Fred has provided me with tremendous support, consultation, and guidance as I complete my first book on addictions. This has been a significant endeavour in my professional career, and Fred's ability to facilitate and inspire ideas has made one of my dreams a reality. He has a gift for bringing out the best in people, a genuine catalyst of personal improvement. I can only imagine how impressed and fortunate his clients must feel when he delivers his presentations as a professional speaker.

With respect to his personal character, Fred is a person of integrity, generosity, compassion, and kindness. He has a natural ability for showing empathy and demonstrates unconditional positive regard to those who are fortunate to have him in their lives. I believe he possesses both the intellectual capacity and personal qualities for success. He is goal-driven, dedicated, intelligent, and kind – qualities that will make his classmates, colleagues, and profession proud. You would do well to have him in your organization.

Sincerely,



Richard Amaral, Ph.D., C. Psych.
Registered Psychologist (ON.)
Director, Toronto Psychotherapy Centre