

Excellent content. I am inspired to revisit and refocus on those goals that drove me forward to begin with. The best 90 minutes I've invested in over 2 years.

Overall evaluation of the course - Excellent

Bill Clark
Hepcoe

Wonderful, fun, informative. Gave me tools I can work with. It reinforced things I already knew. i.e. I believe people respond on emotions. Funny thing is I believe I respond to emotion but I make decisions on logic. I may need further courses!

Thanks Fred it was great. You were encouraging and I had fun. My #1 priority is happiness. You made me more happy today than I thought I would be. You helped me surpass my expectations.

Overall evaluation of the course - Excellent

Sue Peibson
Hepcoe

This seminar put a whole new light on the concept of "take eyes off the detail and focus on the big picture of life." Fred made me take time to breathe.

Overall evaluation of the course - Excellent

Erin Zorzi
Hepcoe

Very good presentation – very relevant; excellent real life examples, well researched. Fun!!

Overall evaluation of the course - Excellent

Vicki O.
Hepcoe

This session has made me view failure in a different light – I just hope I can keep fear out of the way. Thanks!

Overall evaluation of the course - Excellent

Jackie Meredith
Hepco

I enjoyed your talk to us. The story of the fellow about to retire building a house ultimately really was poignant. Something to correspond to my approach to life and dealing with others!

Overall evaluation of the course - Excellent

Elaine Winger
EDCU

A very thought provoking presentation. Made me realize that its more important to focus on the little things everyday rather than focus on only the big things.

Overall evaluation of the course - Excellent

Karen Olm
Niagara Credit Union

Excellent presentation, a lot to think about, one of the best presentations I have attended. Made me change my thinking.

Overall evaluation of the course - Excellent

Lana Maksimithin
Ukrainian Credit Union

Interesting information. Life examples were very reinforcing for the information presented.

Overall evaluation of the course - Excellent

Lydia Koperdraad
Airline Financial Credit Union

Great presentation, gave me lots to think about and actions to put into play. Thanks

Overall evaluation of the course - Excellent

Deanna Thompson
Hepco

Good presentation – encouraging self-discovery, and a desire to change behavior

Overall evaluation of the course - Good

Lore Carcasole
Hepco Credit Union

Motivated me to think about my desired outcomes. Interjection of periodic humor kept audience interested. Excellent examples

Overall evaluation of the course - Excellent

Michael Wilgar
Hepco

Truly enjoyed, great to revisit the issue and reinforce in my life

Overall evaluation of the course - Excellent

Kevin Such
Twin Oak Credit Union

Many valuable point, excellent presentation.

Overall evaluation of the course - Excellent

Olga Marek
Ukranian Credit Union

Very interesting and well prepared

Overall evaluation of the course - Excellent

S. Mazepa
Ukrainian Credit Union

I liked Fred, I came away thinking differently

Overall evaluation of the course - Good

Andrea Pryer

Thought Provoking, inspiring and motivational. Ideas are practical and easily implemented.

Overall evaluation of the course - Excellent

Roman Litwinchak
Metro Credit Union

Very informative presentation

Overall evaluation of the course - Excellent

T. keroliove
Ukrainian Credit Union

Great speaker – opened my mind to looking at life differently

Overall evaluation of the course - Excellent

Bernadette M.
Krek Slovenian Credit Union

Good presentation of real life experience

Overall evaluation of the course - Excellent

Pauline
Desjardins Credit Union

Very informative and easy to follow the steps presented

Overall evaluation of the course - Excellent

R. Binetti
Desjardin's Credit Union

Very interesting topic. Knowledgeable leader

Overall evaluation of the course - Excellent

Audrey Kmiecik
Airline Financial Credit Union

Fred's stories, humor and life experience were excellent – Good Fun!

Overall evaluation of the course - Excellent

Ray Hull
Metro Credit Union

Very thought provoking, useful info. To put into everyday activities for personal and professional use.

Overall evaluation of the course - Excellent

Michael Hower
Auto Workers Community Credit Union

Thought Provoking and emotionally stimulating. Perspective is everything!

Overall evaluation of the course - Excellent

J. Michelle Thompson
Innisfil Credit Union

Interesting, informative, gave many of us an opportunity to make changes and choices.

Overall evaluation of the course – Good

Ken Clarke
DUCA

Very inspirational and entertaining!

Overall evaluation of the course - Excellent

L. Kelly
Waterloo Credit Union

Discussion caused very deep review of using approach to life and work.

Overall evaluation of the course - Excellent

H. Terus
Brant Credit Union

It was very interesting

Overall evaluation of the course - Excellent

Lubohira Wapeluch
Ukraininan Credit Union

Excellent session – extremely interesting giving lots of food for thought.

Overall evaluation of the course - Excellent

Emmy Kachor
Ukrainian Credit Union

The information provided was very helpful and looking forward to implementing the ideas.

Overall evaluation of the course - Excellent

Anna Evans
Krek Slovenian Credit Union

Insightful light – relative – excellent content

Overall evaluation of the course - Excellent

Rita E.
Niagara Credit Union
