

12 Truth's About Life

What Separates the Top 5% from the Rest

Truth #1: Mind works like a parachute: keep your mind open, remove the box.

Truth #2: Dare to dream: Your reality is a direct reflection of your dreams

Truth #3: Moments and circumstances do not define us: It is not the circumstances that define us it how we respond to them that define who we are and who we become.

Truth #4: Children are the greatest teachers: Children play passionately in the moment. Embrace every moment. Children laugh 483 times a day – Adults 11.

Truth #5: Live your purpose in life: Every one of us is born with a purpose. We have to find the courage to look it in the eye and embrace it.

Truth #6: Take action: A bad decision implemented is more powerful then a good decision not implemented.

Truth #7: Never quite on your self: Fight for who you know you are deep within.

Truth #8: Commit to your promises: There is only one thing in this world that cannot be taken away from you unless you give it up yourself - Your name.

Truth #9: Fail your way to success: If you are not willing to fail you are not willing to succeed.

Truth #10: Invest in yourself: Focus on improving 1% a day.

Truth #11: life is not fair: In the end it is no ones fault. Take responsibility and move on.

Truth #12: Eat an elephant one bite at a time: Tackle life in bite size pieces.



Fred Sarkari: Believes that people are the company's greatest asset. *Our* workshops and seminars give your organization the opportunity to expose your team to a wealth of practical knowledge and hands-on activities. We are passionate about our *Leadership for Life* programs because we have seen them work time and time again!

To book Fred for your company conference or in-house workshop, please visit www.fredsarkari.com or call 800-742-2379.